

MY HAIR

My Way

KENYA

Emerging singer-songwriter Kenya on going natural before it was fashionable, weird hair relationships and keeping it minimalist.

I've been natural for 15 years... before it was trendy, before you had YouTube clips on what to do. It's like a relationship with anything, initially you get angry at it but now it completely flows. My hair is so simple for me now, it's literally just an extension of myself - I don't fuss with it at all.

One of the most challenging things is that natural hair is going to do what its going to do each day... so you might have perfected one look one day but the next day you'll be like I can't get it to look like that! That's because it really has a life of its own, which is the beauty of it.

I think we have a really weird relationship with our hair... we haven't known it and so quick to try and change it. I don't think

we are consciously trying to be white, but I do think we have been so removed from what our natural textures is that we are afraid of it.

Our hair is a lot like our fingerprint...

my hair is not like that next person, even if we have similar textures of hair its still different, I love that, it gives each person even more unique qualities.

I am a minimalist, I like clean, simple and easy

— I use **Miss Jessie Super Slip Sudsy Shampoo** and I love **Shea Moisturiser conditioner and mask**. The biggest thing is moisture so I use **ORS Olive Oil Moisturizing Hair Lotion** daily.



My hair stylist is called Anna from Sage Salon she is my magical colourist...

Having natural hair, a salon is not something I go to every two weeks. I only go to her when I need my colour touched up and she does a fantastic job with my highlights.

My hair's important because it's mine and I want to keep

it healthy... I exercise, drink a lot of water, and try to eat a lot of fruits because your inner health has a lot to do with your skin and hair. In that regard, its very important but in terms of spending hours a day – please no – I spend two minutes.

My hair is... me. Its an extension of who I am, of my personality – I think I'm a authentic, honest person and I think my hair is what it is. **P**

Kenya's single 'Be Here' is out 4th May